

## **The Severn Challenges of Passionate Engagement (and Personal Effectiveness)**

### *The Common Core of Emotional Well-Being for Teens and Young Adults.*

Risk Taking:

Embracing Your Life Purpose:

Learning to Live with Power:

Committing to Healthy Relationship:

Releasing the Past and the Future:

Recognising and Navigating Emotion:

Finding the Truth in Your Story:

### **The Program forms a Framework**

Where the content can be made relevant to the group participating. There is content in the handbook, which can be used or modified according to the needs of your group.

### **This program can be delivered in a variety of ways.**

As a weekend workshop,

After school club or evening class,

As part of the pshe curriculum,

An alternative to lessons for disengaged pupils

Be wrapped into a school camping trip

Training to deliver the program yourself